

**VALENCIA COUNTY OLDER AMERICAN PROGRAM**  
**MONTHLY MENU – April 2014**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>Thursday</b>	<b>FRIDAY</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>Cole Slaw</b> <b>Green Chile Cheese</b> <b>Burger/Fries</b> <b>Lettuce/Tomato/Onion</b> <b>Fruit / Milk</b> <b>APRIL FOOLS DAY!!</b>	<b>Carrot/Pineapple Salad</b> <b>Pork Carne Adovada</b> <b>Spinach</b> <b>Refried Beans/Tortilla</b> <b>Peach Cobbler</b> <b>Fruit/Milk</b>	<b>Salad</b> <b>Ground Beef Steak</b> <b>W/Onions</b> <b>Green Beans</b> <b>Mashed Potatoes/Gravy</b> <b>Fruit/Milk</b>	<b>Beet Salad</b> <b>Tuna Salad Sandwich</b> <b>Lettuce/Tomato</b> <b>Carrot Sticks</b> <b>Macaroni Salad</b> <b>Fruit/Milk</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Cole Slaw</b> <b>Sloppy Joe</b> <b>Onions/Jalapenos</b> <b>Tators</b> <b>Fruit/Milk</b>	<b>Tossed Salad</b> <b>Roast Turkey/Cranberry</b> <b>Green Bean Medley</b> <b>Mashed Potatoes/Gravy</b> <b>Pumpkin Pie/Milk</b>	<b>Salad</b> <b>Chicken Strips</b> <b>Peas &amp; Carrots</b> <b>Rice/Gravy</b> <b>Fruit/Milk</b>	<b>Tomato/Onion Salad</b> <b>Hot Roast Beef</b> <b>Sandwich</b> <b>Broccoli</b> <b>Mashed Potatoes/Gravy</b> <b>Fruit/Milk</b>	<b>Carrot Salad</b> <b>Fish Sandwich</b> <b>Vegetable Medley</b> <b>Potato Chips</b> <b>Fruit/Milk</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Bean/Onion Salad</b> <b>Beef Stew</b> <b>Crackers</b> <b>Fruit/Milk</b>	<b>Zucchini Salad</b> <b>Beef Tacos</b> <b>Salsa/Tomato/Lettuce</b> <b>Spinach/Beans</b> <b>Fruit/Milk</b>	<b>Tomato/Onion Salad</b> <b>Hot Turkey Sandwich</b> <b>Brussels Sprouts</b> <b>Mashed Potatoes/Gravy</b> <b>Fruit/Milk</b>	<b>Salad</b> <b>Chicken Teriyaki</b> <b>Oriental vegetables</b> <b>Rice/Crackers</b> <b>Fruit/Milk</b>	<b>Carrot Salad</b> <b>Cod</b> <b>Broccoli</b> <b>Scalloped Potatoes</b> <b>Fruit/Milk</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Green Bean/Tomato</b> <b>Salad</b> <b>Beef &amp; Macaroni</b> <b>Italian Vegetables</b> <b>Garlic Bread</b> <b>Fruit/Milk</b>	<b>Cole Slaw</b> <b>Chicken Tacos</b> <b>Salsa/Tomato/Lettuce</b> <b>Calabacitas</b> <b>Refried Beans</b> <b>Fruit/Milk</b>	<b>Beet &amp; Onion Salad</b> <b>Salisbury Steak</b> <b>Mixed Vegetables</b> <b>Mashed Potatoes/Gravy</b> <b>Fruit/Milk</b>	<b>Salad</b> <b>Asian Beef &amp; Peppers</b> <b>Oriental Vegetables</b> <b>Rice/Crackers</b> <b>Fruit/Milk</b>	<b>Cole Slaw</b> <b>Chili Cheese Dog</b> <b>Chuck Wagon Mix</b> <b>Potato Chips</b> <b>Fruit/Milk</b>
<b>28</b>	<b>29</b>	<b>30</b>		<b>3</b>
<b>Salad</b> <b>BBQ Pork</b> <b>Onions/Jalapenos</b> <b>Seasoned Fries</b> <b>Fruit/Milk</b>	<b>Cole Slaw</b> <b>Polish Sausage</b> <b>Ranch Beans</b> <b>Onions/Peppers/Sauerkraut</b> <b>Fruit/Milk</b>	<b>BF Potluck/</b> <b>Birthday Party</b> <b>With</b> <b>Fiddlers &amp; Musicians</b> <b>Of NM</b>		